

Weekend Yoga Retreat

June 16th - 18th, 2017

Join us for a weekend of



Yoga
Tai chi/Qigong
Meditation
&



Learn exercises and tools to relieve stress.

Retreat begins on Friday 7pm and ends on Sunday at 11am.

Total cost: \$450 per person for shared room, \$500 for single room. Meals Included!

Private room with private bath available for \$650.

Location: Elohee Retreat (north Georgia, near Helen)

81 Hobart Ln, Sautee Nacoochie, GA 30571

www.elohee.org

Tent camping available.

Registration and payment deadline:

May 19th, 2017

Feel free to invite friends and family!



Hosted by Essud Fungcap Jr & Kyle Dondero with Heart Center Therapy

For more info and/or to register contact **Essud at 404-641-6523; Email: efungcap@gmail.com**

Once registered, an itinerary will be sent to you. Please let us know in advance of any dietary needs.

Massage therapy is also available for an extra fee and must be requested in advance.

Please bring a yoga mat!